

COME SPEND YOUR SUMMER AT THE TRAILS!

The Trails Racquet Club's Junior Tennis Summer Camp is a great place for young athletes to improve their tennis skills, make new friends, and most importantly, have FUN! Our summer tennis camps welcome juniors of all skill levels from ages 6 to 14. Campers will be grouped by age and ability. Below, please find an outline of the program as well as other useful information. The camp will include some of the following: tennis – fitness – cardio – stretching – footwork – multisports (table tennis, soccer, basketball, air hockey, etc.). All programs will be conducted & supervised by qualified instructors.

- Ages:** 6 - 14 years old
Hours: Daily 10 am – 4 pm
Instructors: * Trishna Patel, former Div. 1 college player for Brown University; USPTA certified coach
* Jan Buenner, owner & general manager; DTB/PTR certified coach
* select local high school & college players

Sessions Available:

- Mon – Fri June 10 - 14
- Mon – Fri June 17 – 21 (Coach's invitational camp)
- Mon – Fri June 24 – 28

- Mon – Fri July 22 - 26
- Mon – Fri July 29 - Aug. 02 (Coach's invitational camp)

Rainy Day Rule: In case of rain, events will happen off-court. All activities will be fun and instructional. As soon as the tennis courts are dry again, camp will resume on-court. In case of a full day rain-out, students may choose a day in a later camp as a make-up, or a cash refund.

A Typical Day:

<u>Time</u>	<u>Event</u>
10.00	Warm-Up / Stretching
10.15	Tennis (hitting, drills, footwork)
12.15	Catered Lunch
12.45	Rest & Relaxation & indoor activities
13.00	Swim at Trails community pool (optional)
14.00	Tennis (fun games, practice matches & strategy)
16.00	Close

Enrollment Fee:

\$220 for 5 days; \$55 for 1 day; \$35 for a half day (incl. food). The fee includes staffing, instruction in small groups, catered meals (from places like Boston Market, Domino's Pizza, Dustin's Barbecue, Firehouse, Panera's, Steak 'n Shake, etc.). A \$20 "sibling discount" is offered for second/third enrolled child or second/third camp for the same child.

SAVE with early registration & payment! Additional \$20 discount for all early sign-ups and payment (at least 2 weeks before each camp week starts).

Space is limited, so reserve your spot early!

WHAT TO BRING

Sunscreen
Hat
Swim suit
Towel for the shower & pool
Tennis shoes or other sneakers
and your tennis racquet (if you have one;
if you don't have one, we will lend you one)

For more information, call Jan at the Trails Racquet Club, (386) 677-8081. Or e-mail to jan@trailsracquetclub.com.

Tennis Summer Camp 2019 Registration

Name: _____

Age / Birth date: _____ / _____

Address: _____

Parent/Guardian: _____

Best Phone: _____

E-mail: _____

Which camp(s) do you wish to attend?

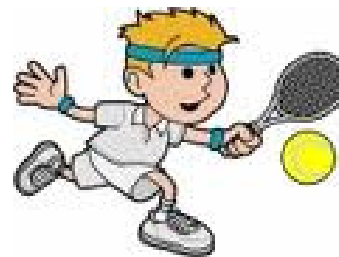
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Please make checks payable to the **TRAILS RACQUET CLUB**.

Waiver: As a parent or guardian of the above minor, I give permission for my child to participate in above tennis camp(s) and to use the community pool at his/her own risk. I hereby agree to indemnify and hold harmless the TRAILS RACQUET CLUB and its employees against any and all claims of whatsoever kind. I also consent to emergency medical service that may be rendered by an appointed physician in the event that such need arises.

Signature _____



The Trails Racquet Club

TENNIS SUMMER CAMP 2019

TRAILS RACQUET CLUB
300 Main Trail
Ormond Beach, FL 32174
(386) 677-8081



www.trailsracquetclub.com

