COME SPEND YOUR SUMMER AT THE TRAILS!

The Trails Racquet Club's Junior Tennis Summer Camp is a great place for young athletes to improve their tennis skills, make new friends, and most importantly, have FUN! Our summer tennis camps welcome juniors of all skill levels from ages 6 to 14. Campers will be grouped by age and ability. Below, please find an outline of the program as well as other useful information. The camp will include some of the following: tennis – fitness – cardio – stretching – footwork – multisports (table tennis, soccer, basketball, air hockey, etc.). All programs will be conducted & supervised by qualified instructors.

Ages: 6 - 14 years old Hours: Daily 10 am - 4 pm

Instructors: * Trishna Patel, former Div. 1 college player

for Brown University; USPTA certified coach * Gary Heatwole, USPTA/PTR certified coach

* Jan Buenner, owner & general manager;

DTB/PTR certified coach

* select local high school & college players

Sessions Available:

O Mon - Fri June 05 - 09

O Mon - Fri June 12 - 16

O Mon - Fri June 19 - 23

O Mon - Fri June 26 - 30

O Tue - Fri July 03 - 07, plus one other day in lieu

of 07/04

O Mon – Fri July 10 - 14

O Mon - Fri July 17 - 21

O Mon - Fri July 24 - 28

O Mon - Fri July 31 - Aug. 04

Rainy Day Rule: In case of rain, events will happen off-court. All activities will be fun and instructional. As soon as the tennis courts are dry again, camp will resume on-court. In case of a full

day rain-out, students may choose a day in a later camp as a make-up, or a cash refund.

A Typical Day:

Time Event

10.00 Warm-Up / Stretching

10.15 Tennis (hitting, drills, footwork)

12.15 Catered Lunch

12.45 Rest & Relaxation & indoor activities

13.00 Swim (optional)

14.00 Tennis (fun games, practice matches & strategy)

16.00 Close

Enrollment Fee:

\$200 for 5 days; \$50 for 1 day; \$30 for a half day (incl. food). The fee includes staffing, instruction, catered meals (from places like Boston Market, Domino's Pizza, Dustin's Barbecue, Firehouse, Panera's, Steak 'n Shake, etc.), and t-shirt. A 10% "sibling discount" is offered for second/third enrolled child or second/third camp for the same child. SAVE with early registration & payment! Additional 10% discount for all early sign-ups and payment (at least 2 weeks before each camp week starts).

Space is limited, so reserve your spot early!

WHAT TO BRING

Sunscreen

Hat

Swim Suit

Towel for the Shower & Pool Tennis shoes or other sneakers and your tennis racquet (if you have one; if you don't have one, we will lend you one) For more information, call Jan at the Trails Racquet Club, (386) 677-8081. Or e-mail to jan@trailsracquetclub.com.

Tennis Summer Camp 2017 Registration

Name:	
Age / Birth date:	/
Address:	
Parent/Guardian:	
Best Phone:	
E-mail:	

Which camp(s) do you wish to attend?

	=	
0	Mon – Fri	June 05 - 09
0	Mon – Fri	June 12 - 16
0	Mon – Fri	June 19 - 23
0	Mon – Fri	June 26 - 30
0	Tue – Fri	July 03 - 07, plus one other day in lieu
of	07/04	
0	Mon – Fri	July 10 - 14
0	Mon – Fri	July 17 - 21
0	Mon – Fri	July 24 - 28
0	Mon – Fri	July 31 - Aug. 04



Please make checks payable to the **TRAILS RACQUET CLUB**.

Waiver: As a parent or guardian of the above minor, I give permission for my child to participate in above tennis camp(s) and to use the community pool at his/her own risk. I hereby agree to indemnify and hold harmless the TRAILS RACQUET CLUB and its employees against any and all claims

of whatsoever kind. I also consent to emergency medical service that may be rendered by an appointed physician in the event that such need arises.

Signature _______





The Trails Racquet Club TENNIS SUMMER CAMP 2017

TRAILS RACQUET CLUB 300 Main Trail Ormond Beach, FL 32174 (386) 677-8081





www.trailsracquetclub.com

